

Medical Report

Prepared for the court by Dr Sample Expert

Date: 12/06/2017

Section A - Claimant's Details

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|---|---|
| 1.1 Claimant's full name: | Mr Firstname TEST Sickness Test |
| 1.2 Date of Birth: | 03/03/1970 |
| 1.3 Address: | H & A Medical
Readon House, 2A Gatley Road
Cheadle, Cheshire
SK8 1PY |
| 1.4 Occupation: | Accounts Assistant |
| 1.5 Dates of Holiday: | 01/Feb/2017 to 11/Feb/2017 |
| 1.6 Date of Interview: | 12/03/2017 |
| 1.7 Type of Appointment: | Telephone Appointment |
| 1.8 Medical Records Review: | No |
| 1.9 Date of Report: | 12/06/2017 |
| 1.10 Name of instructing solicitors/agency: | Instructor:
Instructor Ref: 987
Agency Ref: 123 |

Section B

Statement of Instruction

This report is entirely independent and is prepared for the symptoms sustained in the Incident.

The instructing party has requested an assessment to be conducted with a report to include the nature and extent of the claimant's injuries, treatments received, effects on lifestyle and whether any further treatment is appropriate.

The report is produced for Court purposes and prepared on the basis of the following information.

1. Information provided by the Claimant.
2. Written and special instructions from the instructing party.
3. My own professional medical opinion.

Section C - Incident Details

The claimant was on holiday at the time of the incident.

Package Type:	Full board
Tour Operator:	Thomas cook Holidays
Holiday Location:	Holiday Inn Bookefields Spain
Duration of stay:	11 Day(s)
Accompanied by:	Family

Section D - Food and Hygiene

- 1.1 The claimant had consumed food and drink at the hotel/Resort.
- 1.2 The food items believed to have caused the illness are (XXX).
- 1.3 The food appeared to have “gone off” smell and taste.
- 1.4 They appear under cooked and re heated.
- 1.5 The fruits and salads were not washed.
- 1.6 The served food was cold and was uncovered.
- 1.7 The cold storages were not working.
- 1.8 The food at the Buffet were not covered and was exposed for long period of time.

Hygiene

- 2.1 The staff members hands were dirty.
- 2.2 The staff handling food were not wearing gloves.
- 2.3 There were no notices requiring staff to wash their hands after serving food.
- 2.4 The guests were not asked to wash their hands.
- 2.5 There were no anti-bacterial gels provided in food service area.
- 2.6 The claimant was not aware of other guests being sick and their advice to stay in their rooms.
- 2.7 The cutlery and the serving appliances were not clean.
- 2.8 Unable to comment or recollect about provision of separate cutlery and serving appliances for different types of foods.
- 2.9 Unable to comment or recollect about the cleanliness of the restaurant and the food serving area.
- 2.10 The food appeared to be out of date.
- 2.11 The drinks were served with or without ice from non-bottled sources.
- 2.12 There were no display notices in the food service areas advising guests not to use hands to handle food.
- 2.13 There were (flies) around the food serviced areas.
- 2.14 The staff members were not advising guests not to handle food with hands.
- 2.15 The claimant`s accompanied traveller`s (partner) and (friend) sustained a similar infection.
- 2.16 The hotel did not place any measures in to place when this incident was reported.

- 2.17 The claimant was exposed to the pool.
- 2.18 The pool was dirty and unclean.
- 2.19 The toilets in the hotel and restaurant were unclean and dirty.

Diagnosis and Treatment

- 3.1 The claimant was not advised in the resort/hotel about the illness.
- 3.2 The claimant was not informed about the type of infection or illness they suffered by Doctor/Nurse.
- 3.3 The stool sample was not taken for analysis.

Section E - Symptoms

Diarrhoea

Developed moderate diarrhoea within 12 hours after arrival. He stated that it resolved after 4 weeks. It was due to Gastroenteritis.

Sickness

Developed moderate sickness within 12 hours after arrival. He stated that it resolved after 4 weeks. It was due to Gastroenteritis.

Abdominal Cramps

Developed moderate abdominal cramps within 12 hours after arrival. He stated that it resolved after 4 weeks. It was due to Gastroenteritis.

Discomfort - Abdomen

Developed moderate discomfort to abdomen within 12 hours after arrival. It has improved and currently mild.

Section F - Treatment

Medications

Started taking (Medications - Dioralyte, Imodium, Anti diarrhoea tablets and Rehydration sachets) after the incident.

Consulted abroad

Consulted (Doctor and Nurse) abroad after the incident..
Advice: Dioralyte and Imodium.

Section G - Education / Employment

Accounts Assistant

He is currently employed as a Accounts Assistant.
Had taken 2 days off because of the incident.

Home Circumstances

He lives with his wife.

Effect on Daily Life

Home Restrictions

Food and drinks

Diet was restricted to Fluids, Soft diet, Salads and Fruits after the incident. It has resolved within 2 weeks.

Holiday activities

The claimant had missed/not enjoyed the following activities due to the incident (Swimming, Being on the Beach, Cycling, Kayaking, Canoeing and Skiing). It has resolved within 2 weeks.

Section H - Examination

The claimant was not examined due to Telephone Assessment.

Section I - Past Medical History

Cancer/Terminal Illness

No previous Gastrointestinal symptoms were reported before the index incident.

Section J - Opinion and Prognosis

Opinion

General Summary

His injuries were entirely consistent with the incident.
His treatments were appropriate.

Work

The claimant's time off has been appropriate.

In my opinion, he is fully fit to work.
His long term employment prospects are likely to be unaffected.

Home & Sports

His home restrictions are entirely due to the incident. He is fully fit.

Prognosis

Discomfort - Abdomen

Discomfort - Abdomen is due to gastroenteritis. It is currently causing mild disability. I do not believe that further treatment will benefit the claimant. On the balance of probabilities, I would anticipate that these symptoms will improve and resolve 3 months from the date of the examination.

Long term complications: In my opinion, no long term complications are expected.
If symptoms do not recover in line with the stated prognosis following the recommended treatment then I would recommend further examination by a Gastroenterologist.

Section K - Conclusion

The claimant did not have pre-existing symptoms before the incident.

The onset of symptoms of infective gastroenteritis are within the usual timescale.

Involvement of other guests with the infection.

Poor standards of hygiene at the Hotel/Resort.

Lack of effective quarantine measures taken by the resort would significantly increase the risk of contagion to all guests at the resort.

Section L - Declaration

I understand that my overriding duty is to the court, both in preparing reports and in giving oral evidence. I have complied and will continue to comply with that duty.

I am aware of the requirements of Part 35 and practice direction 35, the protocol for instructing experts to give evidence in civil claims and the practice direction on pre-action conduct.

I have set out in my report that I understand from those instructing me to be the questions in respect of which my opinions as an expert are required.

I have done my best, in preparing this report, to be accurate and complete. I have mentioned all matters; which I regard as relevant to the opinions I have expressed. All of the matters on which I have expressed an opinion lie within my field of expertise.

I have drawn to the attention of the court all matters, of which I am aware, which might adversely affect my opinion.

Wherever I have no personal knowledge, I have indicated the source of factual information.

I have not included anything in this report, which has been suggested to me by anyone, including the lawyers instructing me, without forming my own independent view of the matter.

Where, in my view, there is a range of reasonable opinion, I have indicated the extent of that range in the report.

At the time of signing the report I consider it to be complete and accurate. I will notify those instructing me if, for any reason, I subsequently consider that the report requires any correction or qualification.

I understand that this report will be evidence that I will give under oath, subject to any correction or qualification I may make before swearing to its veracity.

I have included in this report a summary of my instructions.

I have not entered into any agreement where the amount of payment of my fee is in any way dependant on the outcome of the case.

Statement of Truth

I confirm that I have made clear which facts and matters referred to in this report are within my own knowledge and which are not. Those that are within my own knowledge I confirm to be true. The opinions I have expressed represent my true and complete professional opinions on the matters to which they refer.

Signature



Dr Sample Expert MBBS, FRCS

GMC: 4596039

MedCo ID: IME Test

Date: 12/06/2017

References

Dalton CB et al. Outbreaks of entero-toxigenic Escherichia coli infection in American adults: A clinical and epidemiological profile. Epidemiol Infect 1999; 123:9-16

Ericsson CD. Post - infectious irritable bowel syndrome. Clin Infect Dis 2008; 46:594 - 599

Spiller, R et al. Post infectious irritable bowel syndrome. Gastroenterology 2009; 136:1979 - 88

Marshall, JK et al. Post - infectious irritable bowel syndrome after a food-borne outbreak of acute gastroenteritis attributed to a viral pathogen. Clin Gastroenterol Hepatol 2007; 5:457 - 60

DuPont CL et al. Acute infectious diarrhoea in immune - competent adults. NEJM 2014; 370; 1532.